Who could have ever imagined that our children would be “attending” school via computers, tablets or laptops while never leaving the house? And teachers, taking on a whole new level of instruction as they teach and stay connected with their students from a distance? And parents, tasked to reach a superior level of educational engagement with their children while balancing work and family life? Well that is what has been happening right before our eyes! And, I want to give a big “shout out” to all those unsung heroes who have helped to make virtual learning work during these difficult days of COVID restrictions. Thank you to the students, teachers, parents, tech staff, principals, superintendents, school boards, office staff, supervisors, commanders, flight chiefs, youth staff, counselors, caregivers, helping agencies and local communities for all of your hard work and dedication to education. Your are all true heroes, and I will sing your praises!!!

- Retha Annette Goodly, CYES School Liaison

Operation Homefront Back To School Brigade Event
Thank you to all of the organizations, volunteers, children and families that made this “drive through” event a success on 5 August! We gave away 260 new backpacks and 100+ bags filled with new school supplies! Our 9FSS Marketing Team also provided ice cream and water balloon bundles to help keep everyone cool. A special thank you to the USO, Lincoln American Legion Auxiliary #264, Tri-Counties Blue Star Moms, 6 local Dollar Tree Stores, Beale AFB Child and Youth Programs, Airman and Family Readiness Center and 9RW Public Affairs Office. And last but not least, thank you to all the Child and Youth Staff who sorted and counted over 8000 school supplies; way to go Team!

Inside this issue:

Just For Teens

You Are Not Alone. Suicide Prevention Works

Need A Tutor? It’s FREE

Info That Mom & Dad Can Use

Early Childhood Education Services, and more.....

Exceptional Family Member Program (EFMP) Happenings

Going Virtual: Youth Center Fun Activities!

Celebrate Lights On!

Resources For Military Connected Schools

Pumpkin Farm Fun for Families

Operation Homefront’s Military Child of the Year®

The annual awards will recognize seven outstanding young people ages 13 to 18. Six of them will represent a branch of the armed forces — the Army, Marine Corps, Navy, Air Force, Coast Guard, and National Guard — for their scholarship, volunteerism, leadership, extracurricular involvement, and other criteria while facing the challenges of military family life.

Nominations open September 15, 2020 visit the website for more info:

http://www.militarychildoftheyear.org/
This fall, our popular Student Success Webinar Series will be back on Fridays and better than ever! Learners will have another chance to dive into high-demand topics such as Time Management and Study Skills, plus attend a brand-new session on Critical Thinking and Research Skills. **These webinars are suited to high school and college-level learners.** To register go to: tutor.com/clientcarehed/training

**Virtual Internships Prepare Teens for Careers**

As youth employment rates dwindled during the early months of COVID-19, Wisconsin teen Claudia S. continued pursuing her career interests with steadfast determination. She created a podcast with her peers that focused on the immigrant experience in the United States and social justice issues, a lesson she hopes translates into her future law career and advocacy for underrepresented communities. Claudia was one of more than 140 teens who secured virtual paid work opportunities through **Boys & Girls Clubs of Dane County**’s first-ever Digital Career Experience. Teens worked remotely in various fields including business, finance and social services to help bridge the gap for local teens who typically depend on summer jobs to support themselves and their families. More than 90 percent of Digital Career Experience participants were teens of color. They worked with local companies like Dane County Government, Madison Gas & Electric and NAMI Dane County. Teens were separated into cohorts to own a project from start to finish, with the goal of developing foundational skills like communication, collaboration and problem solving. They split time between in-person group work and Zoom e-learning either individually or with others.

To read the entire article, please visit: https://www.bgca.org/news-stories/2020/August/Virtual-Internships-Prepare-Teens-for-Careers

* Check with the Beale AFB Youth Center for more info on Boys and Girls Club (BCGA) activities; call 530-634-4953 or visit us on Facebook at Beale Child & Youth Programs.
Suicide is a serious public health problem that can have lasting, significant effects on youth, families, peers, and communities. The causes of suicide among youth are complex and involve many factors. Reducing risk factors and increasing protective factors and resilience is critical.

Knowing the warning signs is also critical. Warning signs for those at risk of suicide include: talking about wanting to die, feeling hopeless, having no reason to live, feeling trapped or in unbearable pain, seeking revenge, and being a burden on others; looking for methods and making plans such as searching online or buying a gun; increasing use of alcohol or drugs; acting anxious or agitated; behaving recklessly; sleeping too little or too much; withdrawal or isolation; and displaying rage and extreme mood swings. The risk of suicide is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change. Paying attention to warning signs for mental health challenges that can be associated with increased risk for suicide is also important.

No one person (parent, teacher, counselor, administrator, mentor, etc.) can implement suicide prevention efforts on their own. The participation, support, and active involvement of families, schools, and communities are essential. Youth focused suicide prevention strategies are available. Promotion and prevention services are also available to address mental health issues. Schools, where youth spend the majority of their time, are a natural setting to support mental health.


---

**If You Know Someone in Crisis**

Call the toll-free [National Suicide Prevention Lifeline (NSPL)](tel:1-800-273-TALK (8255)) at 1-800-273-TALK (8255), 24 hours a day, 7 days a week. The service is available to everyone. The deaf and hard of hearing can contact the Lifeline via TTY at 1-800-799-4889. All calls are confidential. Contact social media outlets directly if you are concerned about a friend's social media updates or dial 911 in an emergency.


---

We can all play an important role in preventing suicide, but many people don’t know what they can do to support a Veteran or Service member who’s going through a difficult time. Now, you can be part of the Thunderclap campaign to let people know that preventing suicide starts with this simple act of support: Be There. Learn how you can help the departments of Veterans Affairs and Defense spread this message in a powerful way. For more information, please go to: [https://www.thunderclap.it/projects/45153-be-there-for-veterans](https://www.thunderclap.it/projects/45153-be-there-for-veterans)
Tutor.com for U.S. Military Families™
Frequently Asked Questions

What is Tutor.com for U.S. Military Families?
Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CMGA), is a program that allows eligible students in grades kindergarten through college to connect to live tutor online at any time (24/7/365) for one-to-one help with homework, studying, test prep and more, at no cost.

Who is eligible to use Tutor.com/military?
To support DoD-affiliated personnel and their families who are being impacted by COVID-19 disruptions, DoD Military Community and Family Policy (MC&FP) leadership temporarily expanded eligibility for Tutor.com/military. As of April 2020, all DoD service members, civilian personnel and all dependent family members are eligible. DoD military children in grades K-12, Coast Guard families and DoDEA students who were eligible to use Tutor.com/military prior to April 2020 will continue to access the program as usual.

People who are currently eligible to use Tutor.com/military at no cost:

<table>
<thead>
<tr>
<th>DoD or Coast Guard Affiliation</th>
<th>Dependents</th>
<th>Service Member/ Federal Personnel</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Child (Grades K-12)</td>
<td>Child (College)</td>
</tr>
<tr>
<td>Funded by the U.S. Department of Defense (DoD)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Army, Navy, Air Force, &amp; Marine Corps (Active Duty, Reserve, National Guard, Wooded Warrior &amp; Survivor of KIA)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>DoD Civilians</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Students attending schools operated and funded by DoDEA</td>
<td>✓</td>
<td>n/a</td>
</tr>
<tr>
<td>Cadets: DoD Service Academies</td>
<td>n/a</td>
<td>n/a</td>
</tr>
<tr>
<td>Cadets: ROTC &amp; NROTC</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Funded by Coast Guard Mutual Assistance (CMGA)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coast Guard (Active Duty &amp; Reserve)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Cadets and Cadet Candidates: Coast Guard Academy</td>
<td>n/a</td>
<td>n/a</td>
</tr>
<tr>
<td>Coast Guard Civilians</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

DoD and Coast Guard military service members, civilian personnel, and dependent family members are all eligible to use Tutor.com/military when the service member is in either active full-time or part-time/ traditional drilling status and wherever they are located.

Who can we contact with questions?
Email questions about Tutor.com/military to militarysupport@tutor.com.

Complete and current program eligibility details are available at www.tutor.com/military/eligibility.
Impact Aid: Each year, school districts send home various documents for parents to fill out and return to the school. One such form is the annual census form which is used by the school district to complete their application for Impact Aid funding.

The purpose of Impact Aid is to make up for the loss of property, sales and other taxes that would be received by the school district if military members paid property taxes or did not shop in the commissary or exchange. An incorrect assumption is often made that Impact Aid money must be spent on programs for military students. These monies go into the school district's general fund and may be used for any expenses the district may have, including such categories as facilities, transportation or salaries. However, if parents do not return the annual forms to the school, then the districts will lose out on much needed funding.

It is important that military families, as well as civilian families return the appropriate forms to the school by the date specified by their child’s school. “As the School Liaison Officer for Beale AFB, it is my job to assist the school districts in getting military-connected families to return these forms promptly.

For more information on Impact Aid, please visit the U.S. Department of Education website at: http://www2.ed.gov/about/offices/list/oese/impactaid/index.html
Early Childhood Education Services and More......

FCC Provider Virtual Information Night

- Upcoming Events:
  - September 17th, 2020 and December 3rd, 2020 at 7:30pm
  Curious about being a Family Child Care provider? Do you think you may like running your own business at home? Do you love working with kids? FCC may be a right career fit for you! Email beakfccc@gmail.com to reserve your spot, and receive the ZOOM code.

Child and Youth Resource Center
5190 Camp Beale Hwy Building 2308 Phone: 530-815-3157 Email: beakfccc@gmail.com

NICU Awareness Month
Rock painting supplies delivered to your home prior to Zoom meeting. Please RSVP by Friday, September 18th.

NICU (Neonatal Intensive Care Unit) Rock Painting
Zoom, Thursday, September 24th 4:00pm - 4:30pm
Register Here: https://tinyurl.com/rockthenICU
Hosted by YCDE Family Resource Center and Family SOUP
#rockthenICU

Create your custom rock; that shows your experience and brings support to NICU families and NICU staff.
Rocks will be picked up and placed around surrounding hospitals.
For questions call 530-749-4049

NICU Resources

Virtual PALS Playgroup
FRIDAY, SEPTEMBER 18, 2020
YOGA AND DINOSAURS
10:00am - 10:45am
Zoom Registration Here:
https://tinyurl.com/PALSplay20-21

Come join us this month for children’s yoga! This yoga session will be themed around a fun dinosaur craft!
FREE Activity Bag Delivered to Your Home Prior to Session!
Please RSVP by Tuesday, September 15, 2020

For more information call: 530-749-4049 or 530-751-1825

Family Child Care
5085 Camp Beale Hwy Building 2308
Phone: 530-815-3157
Email: beakfccc@gmail.com
Exceptional Family Member Program News!

EFMP Annual Summit is Going Virtual This Year!

The EFMP Summit is scheduled for 21 October 2020. Due to COVID it will need to be virtual. The good news is more families should be able to participate so families mark your calendars. More details coming soon!

Here are some topics already on the agenda:
- Special Education
- Legal Assistance
- Respite Care
- Online Screening Process
- Exceptional Assignment Program Impacts

EFMP Families, please contact your EFMP-Family Support Coordinator, Kim Hogue at 530-634-2863 or CYES School Liaison, Retha Annette Goodly at 530-634-3539 for more information, or for details on how you can submit a topic of interest for the summit.
School Age Program is still accepting children/youth for the full day care program. If interested, please go on www.militarychildcare.com to register for care. For additional questions, please call Cassandra Rivera at 530-634-4953.

Celebrate the 17th annual Lights On Afterschool Oct. 22, 2020!

Lights On Afterschool began in October 2000 and is the only nationwide event celebrating afterschool programs and their important role in the lives of children, families and communities. The effort has become a hallmark of the afterschool movement and generates media coverage across the country each year. The Afterschool Alliance organizes Lights On Afterschool to draw attention to the many ways afterschool programs support students by offering them opportunities to learn new things—such as science, community service, robotics, Tae Kwon Do and poetry—and discover new skills. The events send a powerful message that millions more kids need quality afterschool programs. Students and parents, talk with your afterschool program director/teachers and see what cool things they have planned for Lights On Afterschool in October. If they don’t know about it, please have them check out the Afterschool Alliance website and help them plan this event. What a way to let people know about your wonderful afterschool program! For more information, visit: http://www.afterschoolalliance.org/loa.cfm. * Feel free to contact your child’s school age program for details on what they are doing to celebrate afterschool programs. Beale AFB Youth Center, 530-634-4953.

Facebook: Beale Child & Youth Programs / BealeFSS.com/youth-programs
Technical Assistance

Funded by the Office of Military Community and Family Policy, the TA Specialists at the Clearinghouse are available, free of charge, to consult with you as you think about the best ways to work with Military families.

The Clearinghouse TA staff can support you by:

- Technical Assistance
- Continuum of Evidence
- Identifying data and research findings related to evidence-based programs and implementation science
- Providing information on evidence-based programs
- Assisting with selecting a program
- Providing strategies to help with program implementation
- Obtaining program or training materials
- Developing a program evaluation plan

Technical assistance is available at:
https://militaryfamilies.psu.edu/contact-us/

### Online Learning Modules

The Clearinghouse for Military Family Readiness at Penn State developed eight online learning modules. These modules focus on:

1. THE INTERSTATE COMPACT ON EDUCATIONAL OPPORTUNITY FOR MILITARY CHILDREN
2. PARENTAL ABSENCE
3. GEOGRAPHIC TRANSITIONS
4. MILITARY AND SCHOOLS
5. MILITARY REINTEGRATION
6. SCHOOL LIASON OFFICERS
7. MILITARY-CONNECTED STUDENTS AND SPECIAL EDUCATION
8. MILITARY-RELATED INJURY AND DEATH

### Toolkit

Each module contains a variety of resources including quick reference fact sheets, brochures, tip and strategy handouts, checklists, and links to outside handouts and resources. The Toolkit resources are directly related to the online learning modules.

### Coming Fall 2020

Due to recent events, the Clearinghouse is vetting hundreds of free, publicly-available resources related to the COVID-19 pandemic and racial injustice to help schools be more prepared. The best resources will be highlighted on the website.

### Coming Fall 2021

New learning modules will be available. The learning modules will cover:

- Promoting positive behavior and socio-emotional learning in the classroom
- Prevention of student suicide
- Managing problematic sexual behavior in children and youth (PSB-CY)
- Self-care for educators

### Top Resources

The Clearinghouse vetted over 250 free, publicly-available resources related to school personnel and military children. The best resources related to each of the following areas will be highlighted on the website:

- Academics
- Behavior
- Deployment or parental absence
- Grief
- Parental injury
- The Interstate Compact
- Military children
- Military culture
- Reintegration

Visit Bishop's Pumpkin Farm: Open September 12 – November 9, 2020

**Hope to See You On Opening Day 12 September 2020**

**September**

- Mon–Fri 10am–7pm
- Weekends 9am–7pm

**October 1st–30th**

- Sunday–Thursday, 9am to 8pm
- Friday & Saturday, 9am to 9pm

**October 31st—November 9th**

- 9am to 5pm

Admission is FREE

For more information on attractions, food and parking costs visit:
http://www.bishopspumpkinfarm.com/

Bishop's Pumpkin Farm

1415 Pumpkin Lane, Wheatland, CA 95692
530-633-2568

FARM

FOOD

FUN